

THE ULTIMATE MEET 2008

Tumbling

Trampoline

Synchronized Trampoline

Double-Mini

Tentative Schedule:
(Awards immediately after each session)

Friday

Training Session: Levels 9 and up and synchro (levels 8 and up)
3:00 - 6:00: Training Session

Session 1

6:00 - 9:00: Competition for Levels 9 and up and synchro (levels 8 and up)

Saturday

Session 2: Competition for ages 10 and under, Levels 1-8

8:00 - 8:15: Stretch
8:15 - 9:15: Warm-up
9:15 - 12:00: Competition

Lunch for judges, coaches, and officials: Served from 11:30 – 1:00

Session 3:

12:00 - 12:30: Warm-up
12:30 – 1:00: Grand March-In (all ages and levels)
1:00 – 1:30: Elite Skills Challenge

Session 4: Competition for ages 11/12 year old, Levels 1-8

1:15 – 1:30: Stretch
1:30 – 2:30: Warm-up
2:30 – 5:30: Competition

Snack supper for judges, coaches, and officials: Served from 5:30-7:00

Session 5: Competition for ages 13 and over, Levels 1-8

5:15 – 5:30: Stretch
5:30 – 6:15: Warm-up
6:15 – 8:30: Competition



March 14th – 16th 2008

Greensboro Coliseum
Complex Pavilion
1921 West Lee Street
Greensboro, NC 27403

REGISTRATIONS DUE: January 18th, 2008

Fees:

Single Event:	\$60
Two Events:	\$65
Three Events:	\$70
Four Events:	\$75

Elite Skills Challenge: \$10

*NC State Fees increased \$10 2007 – 2008 Competition Season

*Athletes will be officially registered when entrance fees have cleared.

Special Feature: Elite Skills Challenge!

Have you ever wanted to compete, "Just ONE skill?" The one you know is YOUR BEST? Here's your chance:

ALL LEVEL 10 ATHLETES, JUNIOR & SENIOR ELITES!!!

USA-Gymnastics

Trampoline and Tumbling Athletes

PRIZES

- ⚡ 1st Place: Refund of 100% entry fee of entire Ultimate Meet!
- ⚡ 2nd Place: Refund of 50% entry fee of entire Ultimate Meet!
- ⚡ 3rd Place: Refund of 25% Entry fee of entire Ultimate Meet
- ⚡ See Rules attached

Gyms, please send your team's registration information to: **Karen Kern welred@triad.rr.com NO LATER THAN JANUARY 18, 2007**

Registration form is attached with this email!

THE ULTIMATE MEET 2008

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Elite Skills Challenge

Rules

Background: Single skill elimination tournament for trampoline and tumbling is way to help athletes learn new skills safely, test them out before a judging panel, and invite exciting spectator participation.

Judging: The judging criteria are the same as for conventional trampoline and tumbling except that only one skill is judged. It is judged as if it were the last skill in a pass or routine.

Scoring: To enhance the overall score and to encourage difficulty progression without sacrificing the importance of esthetics, five judges are used per event (if available). The high score and the low score on a panel for a skill execution are eliminated if five judges are used. The remaining three scores are added. The sum is then *multiplied* by the degree difficulty.

Example:

For a trampoline skill with a difficulty rating of 1.5 and esthetic scores of 7.4, 7.6, 7.1, 7.9, and 8.4, the high and low scores of the judging are eliminated from the scoring formula. The remaining scores are 7.4, 7.6, and 7.9. These scores are added to total 22.90 points. This score is then multiplied by the degree of difficulty, 1.5. The product and the total score for the skill become 34.35 points.

Competition:

Rounds Format: Up to ten participants can participate in a single skill elimination competition. The first round of skill execution, the athlete scoring the lowest total points on the skill execution after the first round is eliminated from the competition. For subsequent rounds, the athlete with the lowest cumulative score for the round is eliminated. No skill may be repeated in a competition.

Straight Format: Unlimited number of participants. One round. Athletes finish ranked by highest score on skill for one round only.

Ultimate Air will determine the competition format once entries are received.

Comp Cards: No comp cards required, but athlete must announce to judging panel the skill to be executed prior to execution. Bailout rules remain the same as for conventional competition.

Trampoline: Throw-in mat and call-outs may be used with a .2-degree of difficulty deduction per assistance.

Tumbling: A minimum of three back handsprings may precede the terminal skill but only the terminal skill is judged and scored. Hand spotting and call-outs may be used with a .2-degree of difficulty deduction per assistance.

Double Mini-Trampoline: An athlete may execute a terminal skill either from no more than nine preparation jumps on the double mini-trampoline's horizontal bed or from a running pass. In either approach, only the terminal (dismount) skill is judged and scored. Hand spotting and call-outs may be used with a .2-degree of difficulty deduction per assistance.

Synchro Trampoline: Throw-in mats may be used with one or both athletes. If at least one mat is used, then the team's skill difficulty is reduced by .2 points.

**Gyms, please send your team's registration information to: [Karen Kern wellred@triad.rr.com](mailto:Karen.Kern@triad.rr.com) NO LATER THAN JANUARY 18, 2007
Registration form is attached with this email!**

Rooms for the **Ultimate Meet** weekend have been held for our group at the **Drury Inn & Suites Greensboro.**

***PLEASE REMEMBER TO SUBMIT YOUR REGISTRATON INFORMATION, INCLUDING PAYMENT* TO:**

**Karen Kern
4710 Chesterfield Pl
Jamestown, NC 27282**

Any questions, call Karen at 336-870-5378, or email, wellred@triad.rr.com.

***(No athlete will be considered registered until payment has been received).**

To make room reservations, please click on the link below.

<https://reservations.druryhotels.com/GroupReservationConfirmation.aspx?GroupNo=2019530>

The hotel offers great amenities, such as:

- **FREE!** HOT! *QUIKSTART*[®] Breakfast- Enjoy scrambled eggs, sausage, biscuits & gravy, Belgian waffles & more!
- **FREE!** Evening Beverages and Snacks now served daily from 5:30-7:00pm
- **FREE!** High-Speed Internet Access in Every Room
- **FREE! NEW!** Free Long Distance - One Hour Every Room, Every Night!

Please make your reservations by **Thursday, February 14, 2008** to receive our group rate. Reservations made after this date will be subject to prevailing rate and availability.

Although we do not have rooms blocked, here is a list of other hotels that are close to the coliseum:

Doubletree Hotel
3030 High Point Road
Greensboro, North Carolina, USA, 27403
336-292-4004
\$95.20 per night

Sheraton Four Seasons Hotel
3121 High Point Road Greensboro
North Carolina 27407
(336) 292-9161 · Fax (336) 292-1407
\$136.00 per night