



USA Gymnastics Trampoline & Tumbling 2008 Region V Championships

Date: Synchro Competition, Jr., Sr., and Level 9 & 10 May 9, 2008
Ages 15 & up Level 1-8
Levels 1 – 8 / Ages 6 & under, 7&8, 9&10, 11&12, 13&14 May 10, 2008

Venue: **North Charleston Coliseum**
5001 Coliseum Drive
North Charleston, SC 29418

Host: Region V

Hotel Info: Holiday Inn Charleston Airport Hampton Inn – Sugarloaf
5264 International Blvd 6010 Sugarloaf Parkway
North Charleston, SC 29418 Lawrenceville, GA 30043
www.holidayinn.com/chastnairport 678-407-0018 or 1-800-HAMPTON
Main: (843) 576-0300 Rate: \$95.00 (mention Group Code GGE)
Rate: \$119.00 Rate available until April 16, 2007
Rate available until April 20, 2007

Tentative Schedule:

Friday May 9, 2008
3:30 – 5:00 Warm-up for
Age 15 & up level 1-8
Level 9, 10, Jr., Sr., Synchro
5:00 – 9:00 Competition (Pick up awards at the end of the session)

Saturday May 10, 2008
8:00 – 9:00 Warm-up for
Ages 6 & under, 7 & 8 Level 1-8
Ages 9 & 10 Level 1-8
9:00 – 12:00 Competition (awards immediately following Grand March-In)
12:00 – 1:00 Grand March-In
1:00 – 2:30 Warm-up for
Ages 11 & 12 level 1-8
Ages 13 & 14 level 1-8
2:30 – 6:00 Competition (awards immediately following)

Tear down immediately following competition! Any help would be appreciated!!!

Payable to: Make checks payable to – USA Gymnastics Trampoline and Tumbling Region V
C/O of Eric Thomas
1884 Elmhurst Way
Knoxville, TN 37923

PURPOSE: The Sr. Elite and Jr. Elite competitions will name Regional Champions in all disciplines. This competition will prepare our athletes for competition at national and international events. The Jr. Olympic Regional Championships (Levels 1-10) will name Regional Champions in age groups for all disciplines. (Synchronized trampoline, Level 10 only) This will also serve as the second and final opportunity to qualify for the national championships that will be held in Kansas City, MO in July. We will also name the level 10 Regional All Star Team that will represent our region at the regional face off at the national championships in July.

ENTRY FEES: Levels 1-Sr. Elite (per competitor)

First Event	\$90.00
Each additional event	\$10.00

ENTRY DEADLINE: Postmarked or in the regional office by April 20, 2008
This will ensure your team is included in the program.
Entries received after the deadline will be doubled. NO Exceptions.
No entries the day of the meet. There will be no entries after April 20, 2008.

ENTRIES: Only entries submitted on the official entry form will be accepted, however this form may be copied as needed. Be sure to complete club and coach information before making copies.

INCOMPLETE OR INCORRECT ENTRIES: **After April 20th, information may be corrected for a charge of \$10 per correction.**

ELIGIBLE ATHLETES: All athletes registered with USA Gymnastics as an athlete member are eligible to compete at the Regional Championships. Please note that all non-U.S. citizens must declare their citizenship prior to competition.

RULES: USAG Trampoline and Tumbling rules from the current 2007 Code of Points will be used. Please note that there will be no finals for levels 1 – 10. **All age groups are based on the age of the competitor on December 31, 2008.**

COACHES: Only coaches who have a minimum of a level one coaching certification and current USAG Pro or Jr. Pro membership will be issued credentials. Note: Please read the dress code in the Code of Points. This dress code will be strictly enforced. Teams will be allowed a maximum of three coaches.

COMPETITION EQUIPMENT: 2 - Eurotramp Trampoline with Eurotramp beds and springs
1 - Eurotramp Double-mini Trampoline
1 – Ross Athletic Supply Rod Tumbling Tracks
Most equipment managed and additional equipment supplied by Ross Athletic Supply.

VOLUNTEERS: We need your help with volunteers for this competition. We would greatly appreciate all your help. This meet would not be possible without the help of volunteers. Thank you in advance for your assistance. Each state will be responsible for a certain assignment throughout the weekend; that information will be out to you soon.

ATHLETE BIOS: Each team who has level 10, Jr. or Sr. Elite competitors will need to return an Athlete bio form and a head shot photograph for each athlete. We are working on getting some much-needed press for our sport and this event.

JUDGES: Only judges who have met yearly certification requirements and have a current USAG Pro or Associate memberships, and are currently registered with the USAG Trampoline and Tumbling Judges organization will be used to seat panels. Ratings and availability will determine contracts for the Region 5 Championships. Judging questionnaires must be mailed to Wendy Whaley by April 20, 2008.

Coaches Check Off List



- _____ Read all information carefully
- _____ Fill in gym entry deadline date on Parent information letter
- _____ Copy Parent information letter for each athlete Level 1 to Sr. Elite
- _____ Copy regional program ad information for each athlete
- _____ Entry Deadline: Postmarked no later than April 20, 2008
(All late entries will be doubled)
- _____ Sign up your team parents and coaches for volunteer duty
- _____ Copy and hand out Athlete Bio forms to Level 10, Jr., Sr. Competitors
- _____ Copy and hand out judges questionnaire to all certified judges. Deadline for judge's questionnaire will be April 20, **2008**
- _____ Identify all non US citizens on the entry form.
Send Athlete Bios to:
Missy Belcher
2200 B. Bienville Blvd.
Ocean springs, MS 39564
tumble.coach@yahoo.com
- _____ Send judge's questionnaires, April 20, 2008 to:
USA Gymnastics Trampoline & Tumbling Region V
C/O Wendy Whaley
wwhaley@bgctnv.org
Phone: 865-805-1923
Fax: 865-588-0861
- _____ Send Ad information and checks for programs postmarked no later than April 20th.
We would like for each team attending the 2008 Regional's to purchase a good-luck team picture ad in the Region 5 Program. We would like any team of 30 or more to purchase a full-page ad (this is only \$100.00, divided by 30 is only \$3.33 each or you can find a sponsor). For teams of 29 or less we request that you purchase half-page ad. In order to encourage Region 5 athletes to continue in the sport of Trampoline and Tumbling, we thought that a small monetary stipend in addition to the certificate each Regional team member will receive at Regional's would encourage those athletes to continue in our sport. This stipend will not exceed \$100 for each athlete named to the Regional Team; the remainder of the money raised will go into a fund to assist any Level 10, Jr. or Sr. Elite member selected for World Championships or the World-Age Group Games.
Your assistance is critical to the success of this endeavor, please encourage everyone to participate.
- _____ Contact the local hotel for accommodations; see the attached information for contact numbers and locations.

Memo to All Teams

RE: Region V Helping Hands

The 2008 Region V Championships in Kansas City, MO is just a short time away. Your Trampoline and Tumbling Regional Volunteers are busy planning this great event, and we need your help! To help us make this the best Regional Championship ever, we'll need those Region V Helping Hands (aka volunteers) helping in many areas.

Please go over the following page with your team parents and fill in the appropriate blanks with names and addresses so the volunteers can be contacted directly. Volunteers must be at least 16 years of age. (Please encourage Dads to volunteer, we always need spotters!) We need you to return your list prior to your entries; they must be postmarked by April 20, 2008.

You are our only link to the volunteers! We hope you will encourage your team to be a special part of the Regional experience by volunteering at least one day. Positions will be filled on a first-come, first-serve basis, so get your list to the T & T Regional office ASAP. Volunteers who sign up for an entire session will receive a free T-shirt and wristband that will allow them free entry for the entire event.

Thank you for your help in making Regionals 2008 a never-to-be-forgotten experience for our athletes!

Sincerely

Eric Thomas

Parent Information

Dear Parents,

We are so excited about all of you attending Regional's this year. We hope that this will truly be one of the most memorable experiences of your child's tumbling and trampoline career. Here are a few suggestions that may help you have a positive experience also.

ENTRY DEADLINE: Your entry must be to your coach no later than:

ENTRY FEE:

LEVELS 5 – Sr. Elite	
First event	\$90.00
Each additional event	\$10.00

These fees are considerably more than what you are accustomed to in your area. Please remember that this is a huge event, it will be very similar to the national championships. It takes the bulk of this entry fee to host a competition of this magnitude. Any overage will be used to benefit the athletes of Region V in clinics, regional events, scholarships and International travel, etc.

VENUE: **North Charleston Coliseum**
5001 Coliseum Drive
North Charleston, SC 29418

SCHEDULE: We will be using the block system, so a schedule cannot be done until all entries are in and entered into the computer. A detailed schedule will be sent to your gym as soon as it is done. The schedule will be as follows: Level 10's, Jr. and Sr. and all 15 and over will compete on Friday, and all others (Level 1 – 9) will compete Saturday. We will likely finish around 6:00 p.m. on Saturday night.
To insure that the meet is fit into the time allotted the schedule is subject to change!

HOTELS:

Holiday Inn Charleston Airport 5264 International Blvd North Charleston, SC 29418 www.holidayinn.com/chastnairport Main: (843) 576-0300 Rate: \$119.00 Rate available until April 20, 2008 Group Name: Trampoline & Tumbling Championships / Group Code: TTC The Hotel includes breakfast up to 4 per room.	Hampton Inn – Sugarloaf 6010 Sugarloaf Parkway Lawrenceville, GA 30043 678-407-0018 or 1-800-HAMPTON Rate: \$95.00 (mention Group Code GGE) Rate available until April 16, 2007
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OFFICIAL T-SHIRT: There will be an official T-shirt for purchase.

PROGRAM: There will be a program available. If you would like to purchase a Good Luck ad for your child or team, see your head coach today. All teams and athletes will be listed in the program.

ADMISSION: **\$5.00**

AWARDS: Each child will receive a flight award immediately following their flight competition, if there is more than one flight. The top ten in each age group and ability will be awarded at the end of each session of competition in a special awards ceremony. The Level 10 Regional All Star Team will be announced during March- In Saturday morning. Parents will be allowed on the floor only in designated areas to take pictures at the overall awards ceremonies at the end of each session.

SAFETY: For the safety of your child and others participating in the Region V Championships, we ask the following: **Please do not use flash photography of any kind. Bright lights on video camera are also prohibited.**

OFF LIMITS: Due to safety and the strict rules of USAG, only those parents who have volunteered to help will be allowed on the competition floor. All others admitted to the competition floor must be safety certified with USA Gymnastics, and must also wear the official Region V Championships credentials. **THERE WILL BE NO PARENTS ALLOWED IN THE LINE UP AREA.** Each team should have a representative in the line up area to help with their team. We ask for your cooperation in this matter. Once your child has reached the regional level they should know what to expect in the line up area and be able to participate in the process without your help.

We hope your Regional Championship experience is a great one. If you have any questions that are not addressed in this mailing, please check with your coach prior to the competition so that there are no surprises. Come and enjoy the fun of watching your child learn and grow from the competition experience.

Athlete Biography

Please include a photograph (a head shot is preferable) if you would like you can email a photograph to tumble.coach@yahoo.com

Name _____

Hometown _____

Current Residence _____

Club _____

Coach _____

School _____

Year in School _____

Began in Gymnastics _____

Years on National Team _____

Favorite Events _____

Personal information

Parent's names _____

How many brothers and sisters and their names _____

Hobbies _____

Why I started participating in gymnastics _____

What is my favorite skill to perform _____

Favorite Movie _____

Favorite Musical Group _____

Who is your role model _____

Favorite subject in school _____

What career would you like to pursue _____

What is your best advice for young athlete's _____

International Competitions and results _____

National Competitions and results _____

Judges Questionnaire

Region V Championships

May 9 & 10, 2008

Level 1 to Sr. Elite

Judging panels for the 2008 Region V Championships in North Charleston, SC will be selected from those judges who complete and return this form. If you wish to be considered for a panel, return to Wendy Whaley on or before **April 20, 2008**. **You will not be asked to judge unless you return this form.** We will extend invitations to judge approximately one month prior to the meet.

Name _____ USAG # _____

Address _____

City, State, Zip _____

Phone _____ Fax _____ Email _____

Team Affiliation _____

Current Category TU _____ TR _____ DM _____

Please check beside the dates you will be available to judge:

Friday, May 4th All Level 10, Jr. and Sr. and 15 & over Level 1 - 9 _____

Saturday, May 5th Level 1 - 9 _____

If you return this form and later find out you cannot fulfill your responsibility, please notify Wendy immediately at (865) 805-1923 or wwhaley@bgctnv.org so plans can be made to replace you. Please leave a message if no answer.

All Questionnaires must be postmarked by April 20, 2008

Mail to Eric Thomas
1884 Elmhurst Way
Knoxville, TN 37923

Email wwhaley@bgctnv.org or region5tt@yahoo.com

Region V

Championships 2008

Coaches Request form

Mail this form along with entries
Postmarked no later than April 20, 2008

Team Name _____

Head Coach _____ USAG # _____

Assistant Coach _____ USAG # _____

Additional Coach _____ USAG # _____

Number of athletes entered in Championships _____

T-Shirt Sizes:

Child Small _____

Adult Small _____

Child Medium _____

Adult Medium _____

Child Large _____

Adult Large _____

Total # of Shirts _____

Adult X Large _____

Adult XX Large _____

Adult XXX Large _____

These t-shirt sizes are just for me to give Northwest Designs an idea of how many of each size we need!!!

If you would like for us to email a list of the flights with each competitor's name, please include an email address.

E-mail Address _____

If you would like for me to send this information to a Parent Booster representative, please include email address.

E-Mail Address _____

Coaches: you are allowed a maximum of three coaches on the floor. Thank you in advance for your cooperation in this matter.

Credentials can be picked up at the registration desk at the venue.

Coach dress code will be strictly enforced.

**Region 5 Regional Championships Program
Program Ad Form**

	Cost:	Enclosed
Full Page (For teams of 30 or more)	\$100.00	
One-Half Page (For teams of 29 or less)	\$50.00	
One-Eight Page (Individual Good Luck Ad)	\$25.00	

Please type message

Message:

Team Name/Athlete's
Parents:

Contact Name:

Address:

Phone/Email:

Ads are due by April 20, 2008

Enclose a Wallet Size Photo if You Would Like to Include a Picture in the Ad.

Make Checks Payable To: USAG Region 5

Mail To: Eric Thomas

1884 Elmhurst Way, Knoxville, TN 37923

Mail Ads To: Missy Belcher

2200 B. Bienville Blvd., Ocean springs, MS 39564

tumble.coach@yahoo.com

